



#### St. Mariam Thresia

(1876-1926)

April 26, 1876 Birth

October 7, 1913
Started living in the 'Ekanthabhavan'

May 14, 1914 Canonical erection of CHF

June 8, 1926 Death of Mother Mariam Thersia June 6, 1975 Institution of commission

June 3, 1981 Exhumation of the tomb June 28, 1999

The Holy father declares Mother Mariam Thresia -Venerable

> April 9, 2000 Beatification

October 13, 2019: Canonisation



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Diocese of Kalyan, Plot No. B/38, PB. No. 8434, IIT PO., Powai, Mumbai, Maharashtra, India 400076. Tel. (+91) (022) 2578 5515, 2578 2385 E-mail: kalyanlantern@gmail.com Website: www.kalyandiocese.com Matrimonial: www.godsownchoice.com MAHBIL/2015/63218 | MNE/353/2018-20

# ഇതാ കർത്താവിന്റെ ദാസി

സന്യാസത്തിലേക്കും സമർപ്പിതജീവിതത്തി ലേക്കുമുള്ള വിളി "ദൈവത്തിന്റെ വിളിയും വിളിക്കപ്പെടുന്നവരുടെ പ്രത്യുത്തരവുമാണ്" ദൈവവിളി സ്വീകരിക്കുന്നവർ ദൈവസന്നി ധിയിൽ തങ്ങളെ തന്നെ ശൂന്യവത്കരിക്കു കയും വ്യവസ്ഥകളില്ലാതെ സമ്പൂർണ്ണമായി സമർപ്പിക്കുകയും ചെയ്യുന്നു. ഇത്തരം സമർപ്പണത്തിന്റെ ഉദാത്തമാതൃക പരിശുദ്ധ കന്യ കാമറിയം ആണ്. "ഇതാ കർത്താവിന്റെ ദാസി നിന്റെ വചനം എന്നിൽ നിറവേറട്ടെ". ഈ മനോഭാവം എല്ലാ സന്യാസിനികളുടേ യും സമർപ്പിത ജീവിതസാക്ഷാത്കാരത്തി നുള്ള വഴികാട്ടിയാണ്.

സന്തോഷപൂർണ്ണമായ നിമിഷങ്ങളിൽ മാത്ര മല്ല വലിയ വിവാദങ്ങളുടേയും ക്ലേശങ്ങളു ടേയും നടുവിലും 'ദൈവഹിതം നിറവേറട്ടെ' എന്നു പറയത്തക്കവിധം ആഴമായ വിശ്വാസം ഏതൊരു സന്യാസിനിയുടേയും കൈമുത ലായിരിക്കണം. ക്രിസ്തു കേന്ദ്രീ കൃതമായ ജീവിതം, വിശുദ്ധ കുർബ്ബാന, കുദാശകളുടെ യോഗ്യതയോടെയുള്ള സ്വീകരണം, ദൈവവചനസാധന എന്നിവയിലുടെ അനുനിമിഷം തങ്ങളിലുള്ള ആധ്യാത്മികതയെ പരിപോഷിപ്പിക്കുക എന്നതിനേക്കാൾ പ്രധാന്യമർഹിക്കുന്ന ഒരു പ്രവർത്തനവും ഇല്ല എന്ന തിരിച്ചറിവ് എല്ലാ സന്യാസിനിമാർക്കും അതൃന്താപേക്ഷി തമാണ്. ഈ ലോകത്തിൽ ആയിരിക്കു മ്പോഴും ലോകത്തിന്റേതല്ലാതെ ജീവി ക്കുവാൻ കഴിയുക എന്നത് സന്യാസത്തേ യും സന്യാസിനികളേയും കൂടുതൽ ദീപ്തമാക്കും.

സന്യാസത്തിലേക്കുളള വിളി പ്രാർത്ഥനയിൽ ജന്മം കൊളളുന്നതും പ്രാർത്ഥനയിലൂടെ മാത്രം നിലനില്ക്കുന്നതുമായ ഒരു പ്രതിഭാ സം ആണ്. സന്യാസവും സന്യാസിനികളും പ്രതിസന്ധികളുടേയും വെല്ലുവിളികളുടേയും നിറവിലായിരിക്കുന്ന ഈ കാലഘട്ടത്തിൽ നമുക്ക് എന്നെന്നും ഓർമ്മിക്കാൻ 'വി. മദർ തെരെസയുടെ വാക്കുകൾ' കുറിക്കുന്നു. (മദർ തെരേസാ സന്യാസിനി ആകാൻ വേണ്ടി വീട്ടിൽ നിന്നും യാത്ര പറയുമ്പോൾ അമ്മ മകളോട് പറഞ്ഞതാണ് ഈ വാക്കുകൾ).

"Put your hand in His hand and walk alone with Him. Walk ahead, because if you look back you will go back".



## സമർപ്പിതസഹോദരിമാർ:

# — കത്തോലിക്കാസഭയുടെ — കരുണയുടെ 2300o

"നിങ്ങളുടെ പിതാവ് കരുണയുളളവനായിരി ക്കുന്നത് പോലെ നിങ്ങളും കരുണയുളളവരായിരിക്കുവിൻ." (ലൂക്കാ. 6:36) പുതുമകളെ തേടിയുളള തിരക്കം പാച്ചിലിനിടയിൽ കർത്താവിന്റെ സ്നേഹം – കരുണ ഓരോ പ്രഭാതത്തിലും പുതിയതാണന്ന് തിരിച്ചറിയലിന് മങ്ങലേല്ക്കുന്ന കാലം. ഇന്നിന്റെ ലോകത്തിൽ ദൈവത്തിന് പോലും സ്ഥാനമില്ലാതായി തീർന്നിരിക്കുന്നു. സൃഷ്ടിയുടെ മകുടമായ മനുഷ്യനെ സൃഷ്ടവസ്തുക്കളിൽ വച്ച് ഏറ്റവും നീചമായി ഗണിച്ചു പോകുന്ന അവസ്ഥാവിശേഷം. ദൈവത്തോട് മറുതലിക്കുന്ന ഒരു ജനതയാണ് നമുക്ക് ചുറ്റിലുമുളളത്. അപരനും അയല്ക്കാരനുമെല്ലാം മനുഷ്യന് തളളി കളയാവുന്ന ഒരു വസ്തുമായി മാറി കഴിഞ്ഞിരിക്കുന്നു. മനുഷ്യഹൃദയങ്ങളിൽ കരുണ വറ്റിയോ എന്ന് പോലും തോന്നിപോകുന്നു. ഈ ഒരു അസ്വസ്ഥതയുടെയും സങ്കീർണ്ണതയുടെയും നടുവിൽ നിന്നാണ് നമുക്ക് ഒരു ദൈവം



ഉണ്ടെന്നും, ആ ദൈവത്തിന്റെ നാമം കരുണയാണെന്നും ഫ്രാൻസീസ് മാർപ്പാപ്പ ലോകത്തെ ഉത്ബോധിപ്പിക്കുന്നത്. ഇന്ന് നാം എത്തി ചേർന്നിരിക്കുന്ന ഈ സ്ഥിതിവിശേഷത്തിന്റെ ദാരുണമായ അവസ്ഥയെ മുന്നിൽ കണ്ട് കാലം ചെയ്തുപോയ വി. ജോൺ പോൾ രണ്ടാമൻ മാർപ്പാപ്പ തന്റെ രണ്ടാമത്തെ ചാക്രികലേഖനത്തിൽ ഉളളുതുറന്ന് ഇങ്ങനെ എഴുതി. ഒരു പക്ഷെ, കഴിഞ്ഞ കാലത്തെ ജനങ്ങളുടെ മനസ്ഥിതിയേക്കാൾ വർത്തമാനകാല മന:സ്ഥിതി കരുണാമയനായ, ദൈവത്തിന് എതിരാണെന്നത് പോലെ തോന്നുന്നു. വാസ്തവത്തിൽ കാരുണ്യം എന്ന ആശയത്തെ തന്നെ ജീവിതത്തിൽ നിന്ന് ഒഴിവാക്കാനും മനുഷ്യഹൃദയത്തിൽ നിന്ന് നീക്കികളയുവാനും പരിശ്രമിക്കുന്നു.... മനുഷ്യനിൽ കാരുണ്യം എന്ന വാക്കും ആശയവും അസ്വാസ്ഥ്യം ജനിപ്പിക്കുന്നത് പോലെ കാണപ്പെടുന്നു. "എത്രയോ വേദന നിറഞ്ഞ, അതിലുപരി കണ്ണുകൾ തുറപ്പിക്കുന്ന വാക്കുകൾ. മനുഷ്യന് അവന്റെ തന്നെ കൂടപിറപ്പുകൾ ആരുമല്ലാതായി തീർന്നിരിക്കുകയാണ്. ജറീക്കോ വഴി യാത്രക്കിടയിൽ അർദ്ധപ്രാണനായി കിടന്നവനെപ്പോലെ സ്വർഗ്ഗീയ ജറുസലേമിനെ ലക്ഷ്യമാക്കിയുളള ഈ ജീവിതത്തിൽ വഴിയരികിൽ വിവശരായി കിടക്കുന്നവർ അനേകർ..... വഴിയരികിൽ കിടക്കുന്നത് സ്വന്തം പിതാവിന്റെ മക്കളാണെന്നും സഹോദരങ്ങളാണെന്ന് തിരിച്ചറിയുവാനുളള നേർക്കാഴ്ച ഇന്ന് നമ്മിൽ പലരിൽ നിന്നും ചോർന്ന് പോയിരിക്കുന്നു. കാണാതെ പോകുന്നതോ അതോ കണ്ടിട്ടും കാണാതിരിക്കുന്നതോ? ഇവിടെയാണ് കാരുണ്യത്തിന് വേണ്ടിയുളള ആനന്ദകരമായ വിളി. ഒരിക്കൽ കൂടി ഏറ്റെടുക്കുവാനും സഹോദരിസഹോദരന്മാരുടെ ദൗർബല്യങ്ങളും പോരാട്ടങ്ങളും ഏറ്റെടുത്ത് പുതുജീവിതത്തിലേക്ക് വിളിച്ചുണർത്തുന്ന ദൈവകാരുണ്യത്തിലേക്ക് നോക്കുവാൻ സഭയ്ക്ക് സമയമായെന്നും ഫ്രാൻസീസ് പാപ്പ ആബാലവൃദ്ധങ്ങളോട് പലവുരു കേണപേക്ഷിക്കുന്നുണ്ട്.

യേശുക്രിസ്തുവാണല്ലോ കരുണയിൽ സമ്പന്നറായ പിതാവിന്റെ കരുണ നിറഞ്ഞ മുഖം ലോകത്തിന് മുമ്പിൽ കാണിച്ചു തന്നത്. ജീവിതത്തെക്കുറിച്ചുളള വികലമായ കാഴ്ചപ്പാടിൽ സ്നേഹപിതാവിന് വിട്ട്, ദൂരദേശത്ത് പോയി, എല്ലാം നഷ്ടപ്പെട്ട് അക്ഷരാർത്ഥത്തിൽ പരമദരിദ്രനായി, അഗതിയായി, ചെയ്ത തെറ്റിന്റെ കുറ്റബോധത്തിൽ തിരിച്ചു വരുമ്പോഴും ഓടി ചെന്ന്, കെട്ടി പിടിച്ച് സ്വന്തം ഭവനത്തിൽ വരവേല്ക്കുന്ന കരുണാസമ്പന്നനായ പിതാവ്...... ലോകത്തിന് മുമ്പിൽ ഒരു വലിയ പാപിനിയായി മുദ്രകുത്തികൊണ്ട് അഭിമാനം ചോർന്നൊലിച്ച്,



ജീവിതത്തിൽ ഇനി ഒന്നും തിരിച്ചുവരുവാൻ സാധിക്കാത്തവിധം എല്ലാം നഷ്ടപ്പെട്ടപ്പോഴും യേശുനാഥൻ വ്യഭിചാരത്തിൽ പിടിക്കപ്പെട്ടവളെ കരുണയോടെ നോക്കി. ഒരായുസ്സ് മുഴുവൻ ജീവിക്കുവാനുളള ശക്തിയായി കരുണയുടെ സമാധാനവും അവൾക്ക് ആശംസിച്ചു...... എത്രയോ അഗാധമായ, ആഴത്തെ സ്പർശിക്കുന്ന ദൈവകരുണ.

പരിശുദ്ധ പിതാവിന്റെ വാക്കുകൾ നമുക്കോർക്കാം. "കാരുണ്യമാണ് സഭയുടെ ജീവിതത്തിന്റെ അടിസ്ഥാനം. അവളുടെ അജപാലനപ്രവർത്തനമാകയും വിശ്വാസികൾക്ക് അവൾ സന്നിഹിതയാകേണ്ടത് ദയാവായ്പിൽ നെയ്തതായിരിക്കണം", എത്രയോ അർത്ഥവത്തായ തിരിച്ചറിവാണിത്. ദൈവകാരുണ്യത്തിലേക്ക് ലോകത്തെ വിളിച്ചുണർത്താൻ സഭ എക്കാലത്തെന്നത് പോലെ ഇന്നും ഉറ്റുനോക്കുന്നത് സമർപ്പിത്സഹോദരിമാരിലേക്കാണ്. സമർപ്പിത, അവൾ ക്രിസ്തുവിന്റെ മണവാട്ടിയാണ്. അവളുടെ ജീവിതസാക്ഷ്യം ദൈവകരുണയുടെ സാക്ഷ്യമാണ്. സൃഷ്ടിയാൽ തന്നെ, സ്ത്രീത്വം എന്ന ഭാഗ്യത്താൽ കരുണ കാണിക്കുവാനും സ്നേഹിക്കുവാനും ക്ഷമിക്കുവാനും ഉൾക്കൊളളുവാനുമുളള ആ അമ്മമനസ്സ് അനുസരണ ബ്രഹ്മചര്യ ദാരിദ്ര വ്രത്യത്ങൾ

തരുന്ന അഭിഷേകത്തിലൂടെ കൂടുതൽ ആഴങ്ങളിലേയ്ക്കിറങ്ങുവാൻ, കരുണ കൊടുക്കുവാൻ സമർപ്പിതയെ വിളിക്കുന്നു. കുരിശിന്റെ വഴിത്താരയിൽ കർത്താവിന്റെ വേദനയിൽ പങ്കുപറ്റിയ വെറോനിക്കയും മഗ്ദലനമറിയവും പരി. അമ്മയും ഇന്നത്തെ സമർപ്പിതസഹോദരിമാരിലൂടെ വീണ്ടും ജനിച്ച്



വിരൂപമാക്കപ്പെടുന്ന മനുഷ്യകാലങ്ങളിൽ കർത്താവിന്റെ മുഖം കണ്ട് കരുണയുടെ അമ്മയായി തീരുകയാണ്. അതെ, ക്രിസ്തുവിന്റെ കരുണ നിറഞ്ഞ മുഖത്തെ കുറിച്ചുളള നിലയ്ക്കാത്ത ധ്യാനം അവളെ കരുണയുടെ വിവിധ അർത്ഥതലങ്ങളിലേക്ക് നയിക്കുന്നു. അപ്പോളവൾ അന്ധകാരം നിറഞ്ഞ അസ്വസ്ഥതകൾ തിങ്ങിനില്ക്കുന്ന അക്രമങ്ങൾ കൊടികുത്തി വാഴുന്ന ഇന്നിന്റെ ലോകത്തിൽ ജീവിക്കുന്ന അഗതികൾക്ക് അമ്മയാവുകയാണ്...... സ്നേഹിതയും സഹോദരിയുമാകുകയാണ്. ഈശോയുടെ കരുണയുടെ വലിയ പ്രവാചികയായി മാറിയ വിശുദ്ധ ഫൗസ്റ്റീനായും ആ കരുണയുടെ ജീവിക്കുന്ന സാക്ഷ്യമായി മാറിയ വി. മദർ തെരെസായും ഇന്നും ഈ ഭൂമിയിൽ ജീവിക്കുന്നത് ലോകത്തിന്റെ നാനാഭാഗങ്ങളിലോയിരുന്നുകൊണ്ട് കർത്താവിന്റെ കരുണ ലോകത്തിന് വെളിപ്പെടുത്തുന്ന സമർപ്പിതാനുഭവങ്ങളിലൂടെ യാണ്, അവരുടെ കണ്ണുകളിലൂടെയും കരങ്ങളിലൂടെയുമാണ്. മോശപ്പെട്ട വസ്ത്രകഷണങ്ങളും സമൃദ്ധമായ സ്നേഹവും കൊണ്ട് ഒരു തൊഴുത്തിനെ യേശുവിന്റെ ഭവനമാക്കിമാറ്റിയ പ. മറിയത്തെപ്പോലെ

"കരുണയ്ക്ക് വരൾച്ചയും ക്ഷീണവും സംഭവിക്കുന്ന ഇന്നത്തെ ലോകത്തിന് മുമ്പിൽ ദൈവകാരുണ്യത്തിന്റെ വറ്റാത്ത വഴിവിളക്കാണ്, സഭയിൽ ക്രിസ്തുവിന്റെ കാരുണ്യത്തിന്റെ മുഖമാണ് സമർപ്പിതർ."

ഈ വെല്ലുവിളിക്ക് പ്രത്യുത്തരം നല്കികൊണ്ട് 9 ദശകങ്ങൾക്ക് മുമ്പ് ലോകത്തിന് മുമ്പിൽ തുറക്കപ്പെട്ട കാരുണ്യത്തിന്റെ പ്രവാഹമായ അഗതികളുടെ സഹോദരിമാരുടെ സന്യാസസമൂഹസ്ഥാപകനായ ധന്യൻ ഫാദർ വർഗ്ഗീസ് പയ്യപ്പിളളി കാരുണ്യത്തിന്റെ പ്രവാചകനാണെന്നതിൽ സംശയമില്ല്. കേരളത്തിൽ മറ്റു സന്യാസസമൂഹങ്ങൾ നിലനിൽക്കെ തന്നെ വ്യത്യസ്തമായ ഒരു കാഴ്ചപ്പാടോടെ പരി. ആത്മനിവേശത്താൽ സമർപ്പിതർ അഗതികളുടെ സംരക്ഷണത്തിനും കരുതലിനുമായി പയ്യപ്പിളളി അച്ചനിലൂടെ ദൈവത്താൽ തെരഞ്ഞെടുക്കപ്പെട്ടപ്പോൾ സഭയിലൂടെ ദൈവത്തിന്റെ കരുണയുടെ മുഖം ലോകത്തിന് വെളിപ്പെടുത്തുകയായിരുന്നു. ലോകമെമ്പാടും വ്യാപിച്ചു കിടക്കുന്ന അഗതികളുടെ സഹോദരിമാരുടെ സന്യാസസമൂഹത്തിലൂടെ ഇന്നും കാരുണ്യം സ്നേഹമാണെന്നും അത് നീതിയാണെന്നും, നിത്യരക്ഷയാണെന്നും, ആനന്ദമാണെന്നും പ്രഘോഷിക്കപ്പെടുന്നു. അതെ, കാരുണ്യം ഇന്നിന്റെ ലോകത്തിൽ സമർപ്പിതയുടെ ധ്യാനമാകണം, ഉൾത്തളളലാകണം, അത് അവളുടെ ഭാവവും ഇഷ്ടവുമാകണം, ഭാഷയും ശരീരചലനവുമാകണം, സ്വരവും സംസ്കാരവുമാകണം. അവളുടെ സുതാര്യതയ്ക്കും വിശ്വസ്തയ്ക്കും മുമ്പിൽ വെല്ലുവിളികൾ ഉയരുമ്പോഴും ദൈവകാരുണ്യത്തിന്റെ മരുപ്പച്ച സമർപ്പിത ജീവിതങ്ങൾക്ക് തഴച്ചുവളരുവാനുളള വളക്കുറുളള മണ്ണാകട്ടെ. അങ്ങനെ മനുഷ്യഹൃദയങ്ങളിലേക്ക്, ഇന്നിന്റെ ആവശ്യങ്ങളിലേക്ക്, നൊമ്പരപ്പെടുന്ന യേശുവിന്റെ പുതിയ മുഖങ്ങളിലേക്ക് ആശ്വാസമായി, പ്രത്യാശയായി, സൗഖ്യമായി, ജീവനായി ഒഴുകി ഇറങ്ങട്ടെ.

ഈ കാരുണ്യപ്രവാഹത്തിലേക്ക് ദൈവം ഇനിയും അനേകം യുവഹൃദയങ്ങളെ ആകർഷിക്കട്ടെ. ഈ ആകർഷണം സ്വീകരിക്കുവാൻ സ്വാർത്ഥതയുടെ എല്ലാ മതിലുകളും പൊട്ടിച്ചെറിഞ്ഞ് ഔദാര്യത്തോടെ പ്രത്യുത്തരിക്കട്ടെ. അഗതിത്വത്തിന്റെ നൊമ്പരങ്ങൾ യുവഹൃദയങ്ങളെ ചലിപ്പിക്കട്ടെ, ശല്യപ്പെടുത്തട്ടെ, അങ്ങനെ ലോകമെങ്ങും കരുണ പ്രഖ്യാപിക്കപ്പെടട്ടെ, പ്രഘോഷിക്കപ്പെടട്ടെ, അഘോഷിക്കപ്പെടട്ടെ. സഭയുടെ ആധികാരികത സമർപ്പിതജീവിത ങ്ങളിലൂടെ തെളിയിക്കപ്പെടട്ടെ.

# The Greatest Women Religious of the Catholic World

In this pictorial presentation we have brought in 13 personalities who have influenced the Catholic Church and its people through their invaluable contributions. There are ancient, medieval, modern and present day women religious included in this pictorial presentation.

Those who argue that the Catholic Church is anti-woman clearly don't know how much the Church honors and upholds women who are models of what it is to be a faithful child of God. From our Blessed Mother to female Doctors of the Church, there are no shortages of examples of why the argument is false.

#### St. Cecilia of Rome (200-230)



**Nationality:** Roman Empire

**Contributions:** The life of Saint Cecilia is one of courage, evangelization, and love of God in the midst of persecution and strife.

**Amazing Fact:** She was not martyred easily. They first attempted to suffocate her, but it did not affect her. Then they attempted to behead her, but they were again unsuccessful despite three blows

to the neck. She instead bled to death for three days as she continued to preach, and fellow Christians collected her blood in sponges and napkins as relics.

**Patronage:** She is the patroness of musicians and Church music because, as she was dying, she sang to God.

#### St Mary of Egypt (344-421)

Nationality: Egypt

**Contributions:** Her life is an inspiration to many who are willing to progress in moral life. She is a champion of prayer, penance and mortification.

**Quote:** "Be my faithful witness before thy Son that I will never again defile my body by the impurity of fornication, but as soon as I have seen the Tree of the Cross I will renounce the world and its temptations and will go wherever thou wilt lead me". (Mary's request to Mother Mary on the day of her conversion).

**Patronage:** She is the patroness of chastity, temptations of the flesh, and skin diseases



#### St. Scholastica (480-543)



**Nationality:** Italy. She is the twin sister of St. Benedict.

**Contributions:** Scholastica is the foundress of the women's branch of Benedictine Monasticism.

**Quote:** "if men knew the peace the good religious enjoy, the whole would become a monastery".

**Patronage:** Scholastica is the patron saint of nuns, education, and convulsive children, and is invoked against storms and rain

#### St. Hildegard of Bingen (1098-1179)

**Nationality:** German; Doctor of the Church

Contributions: Hildegard's works include three great volumes of visionary theology; a variety of musical compositions for use in liturgy. We have discovered her letters (nearly 400), addressed to correspondents ranging from popes to emperors to abbots and abbesses, and including records of

many of the sermons she preached in the 1160s and 1170s. Also, she had written volumes of material on natural medicine and cures.

**Quote:** "God hugs you. You are encircled by the arms of the mystery of God. You shine so finely, it surpasses understanding".

**Patronage:** Art, creativity, medicine, ecology, musicians, writers.



#### **St. Brigit of Sweden (1303-1373)**



Nationality: Sweden

**Contributions:** She founded the Order of the Most Holy Saviour (also known as the Bridgettines) at Vadstena. She was a mystic whose divine revelations guided the piety and faith life of her times, and thereafter. She is the co-patroness of Europe.

**Quote:** "The demons are very anxious in their pursuit of souls, yet, they quickly abandon their pray merely at the name of Mary".

Patronage: Europe, Sweden, Widows

#### St. Catherine of Siena (1347-1380)

Nationality: Italy: Doctor of the Church Contributions: She was a Dominican tertiary and mystic. She was known for her holiness, asceticism, and spiritual visions. She received stigmata. She was also a reformer and political activist, and she was influential in religious and political affairs of

Quote: "Be who God meant you to be and you will set the world on fire."

**Patronage:** She is the patroness against fire, illness, the United States, Italy, miscarriages, people ridiculed for their faith, sexual temptation, and nurses



#### Teresa of Avila (1515-1582)



the church

Nationality: Spain: Doctor of Prayer. **Contributions:** Teresa succeeded in establishing 'the reform of the discalced Carmelites', for brethren and sisters of her order. She established 32 monasteries, with association with St John of the cross, 17 were convents of

nuns. Her greatest legacy though is her writings: letters, lectures and books

about prayer, Mystical Theology, and spirituality, all having made a significant contribution to the learning of the Catholic Church.

Quote: "All things must come to the soul from its roots, from where it is planted". Patronage: She is the patroness of headache sufferers and writers.

#### Ven. Mary of Agreda (1602 1665)

Nationality: Spain.

Contributions: She was a Franciscan abbess and spiritual writer. She was a noted mystic of her era. Mary of Jesus wrote 14 books, including a series of revelations about the life of the Blessed Virgin Marv. She is famous for the bilocation.

Quote: "The majority of the souls appear before the judgement with empty handed: they did nothing good for Eternity".



#### **BI. Anne Catherine Emmerich (1774-1824)**



**Nationality:** Germany.

Contributions: Anne Catherine Emmerich was told by Our Lord that her gift of seeing the past, present, and future in mystic vision was greater than that possessed by anyone else in history. Anne Catherine Emmerich possessed the gift of reading hearts, and she saw, in actual, visual detail, the

facts of Catholic belief which most of us simply have to accept on faith. Her revelations make the hidden, supernatural world come alive

**Quote:** "I have had a great vision on the mystery of Holy Mass and I have seen that whatever good has existed since creation is owing to it".

#### **Bl. Elena Guerra (1835-1924)**

Nationality: Italy.

**Contributions:** The religious congregation of the "Oblate Sisters of the Holy Spirit" came to life in Lucca in 1882 on the initiative of Elena Guerra. The specific aim of the daughters of Elena Guerra is to be "souls always attentive listening to every breath of

Grace" to spread throughout the world the devotion to the Holy Spirit. She has prepared the way of Charismatic Renewal in the history of the Catholic Church.

Quote: "The world lacks truth and love because it has... distanced itself from the Spirit of God".



#### Teresa Benedict of the Cross Edith Stein (1891-1942)



Nationality: Germany

Contributions: St. Teresa Benedicta of the Cross (Edith Stein) was a Jewish philospher, a disciple of Husserl, who converted to Catholicism and entered the Carmelite community in Cologne. Although she moved from Cologne in Germany to Echt in Holland, she was eventually arrested by the Nazis and

died at Auschwitz in 1942. Canonised by Pope John Paul II, she is also honoured as patron of Europe.

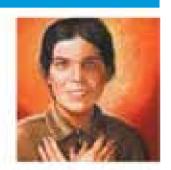
Quote: "Anyone who seeks truth, seeks God, whether or not he realises it". Patronage: She is the patroness of Europe; loss of parents; converted Jews: martvrs: World Youth Day

#### Blessed Alexandrina da Costa (1904-1955)

Nationality: Portugal.

**Contributions:** She is an extraordinary mystic and a victim soul. She offered herself to Christ as a victim for the conversion of sinners and for peace in the world: "I have no purpose other than that of giving glory to God and saving souls". From the 27th March 1942 until her death, 13 years and 7

months later, she took no food or drink other than her daily communion. This unexplainable fact was scientifically verified by different doctors, sometimes in a way which was humiliating for Alessadrina.



#### Mother Angelica (1923-2016)



Nationality: USA.

**Contributions:** Mother Angelica was a Catholic American Poor Clare nun best known for her television personality. She was also the founder of the internationally broadcast cable television network Eternal Word Television Network (EWTN) and the radio network WFWN FWTN became a voice for

American conservative and traditional Catholics.

Quote: "Faith is what gets you started. Hope is what keeps you going. Love is what brings you to the end."

# BEING MARTHA AND MARY IN THE WORLD



#### Sr. Vimal Rose

is a Missionary of Charity and lives in the Asha Sadan Old Age Home. She has trained under Mother Teresa and worked closely with Mother as a postulant. As a junior sister she has travelled and worked at Israel, Jordan, Palestine and Rome. She has had the privilege to be acquainted with two of the greatest saints of our time, St. Pope John Paul II and St. Mother Teresa, and a future saint Pope Emeritus Benedict XVI.

# Why did you choose to be a nun and why did you opt for the Missionaries of Charity?

From my childhood, I wanted to be a missionary. I knew two missionary saints, St. Francis of Assisi and the Little Flower, and I'd imitate them in our games and plays as kids. I had only one aim in life, I wanted to be a missionary and live a simple life. My parish priest asked me to write to three congregations and as God would have it, I ended up with the Missionaries of Charity. My extended family has priests and religious sisters. When I became a nun, my dad was so happy! He didn't know much but he kept saying that my habit reminded him of Mother Mary.

#### What is life like as a Missionary of Charity?

Waking up at 4:30 is difficult and in the first few days I used to fall off to sleep in the chapel, but now I'm used to it. Every day we spend one hour in adoration in front of the Blessed Sacrament no matter how busy we are. That is our strength! Our powerhouse! And one hour with Jesus, it's not boring. You're conversing with Jesus, it's a special privilege to be able to sit and talk to Him. Apart from this I try and find my personal one hour with Jesus. When I was in the Ernakulam House for my Aspirancy, we would wash the clothes of the children living there and in the first few days it was so difficult to touch those dirty clothes. We don't talk the entire day. We only speak and chat when we come together for a meal. We are pondering all things just like Mother Mary who kept everything in her heart. We don't talk unless necessary, we maintain silence. We are being united to Jesus. When we are silent, it's not because we're shutting

ourselves off, we're making room for Jesus. As we start our preparation for our final vows, Mother Teresa cuts our hair. It's a symbol of freedom from the suppression of the world, it has great meaning, you see. Even today I think of how Jesus made everything possible. Nothing was forced and I see it as me doing it all for the love of Jesus. It was all pure love for Jesus.

#### What was it like to be with a living saint (Mother Teresa)?

Oh, it was such great joy. In the night, I used to stand in the dormitory verandah and watch Mother. Her room was opposite that of our dormitory and I used to watch Mother for so long and only then would I go to sleep. Every morning, Mother used to talk to us and give us instructions. Some days she'd be only with us noviciates. And I still say that it's a great blessing that I was able to live with a saint. In fact, even the Bible I'm using today is a gift by Mother for my profession.

#### Why do you think the rate of civil vocations are falling today?

The first thing I'd say is that in the family there are no children. And parents are too possessive of their children. If a child says they'd like to join a seminary or a convent, the parents will ask them to do anything but this. So unlike before, there's no encouragement from the family. Lack of prayer life in the family. Most families don't pray together, they don't have time to say the rosary together. So parents don't influence their children anymore. The media and technology is also posing a problem. I have noticed that nowadays, every time the child cries, the mother will switch the TV on or distract the child with a phone. That child's mind will not grow spiritually. The selfishness of parents and the

And I still say that it's a great blessing that I was able to live with a saint. In fact, even the Bible I'm using today is a gift by Mother for my profession.

inability on their part to give God to their children is the problem. We've forgotten about the God who walks with us instead focussing on money.

How do you feel modernity affects the life of a nun today? Do you ever feel that you aren't up to date since the Missionaries of Charity don't own mobile phones? How do you stay connected?

No, we don't feel that we are not up to date. it depends on every Congregation's charism. We aim to serve the poorest of the poor. To satiate the thirst of these that need us the most. Jesus on the cross said I thirst. This rosary, which is in all our pockets, is our weapon, this is our mobile. Today, most of the priests and religious have replaced the



I don't agree. If Jesus wanted to ordain women, he would've ordained Our Lady. He also had a lot of women followers but he didn't make them apostles.

rosary with a mobile phone.

# Do you think the vows you take of poverty, chastity and obedience are a barrier to your complete growth as a human person?

No, I took my vows for the love of Jesus. Love never asks about the count. For me as a Missionary of Charity, poverty is a choice. I choose poverty, I choose between the most expensive and the cheapest. It is between me and my Jesus. As I live I've grown in love with this vow. I choose to not take what the world gives. The vow of chastity allows you to love everyone. I am free to love everyone. I belong to no one particularly and no one belongs to me completely. This is the best gift from God to me. I belong to Jesus and I have a spousal relationship with him. Obedience can be difficult but it depends on your love for God. My superior takes the place of God. If I believe that the superior's word is the will of God then I'll do it. It is with conviction that we do it all for the glory of God and the salvation of souls. We also have a fourth vow - wholehearted free service for the poorest of the poor. For me my whole life is wholehearted. Because the love of Jesus flows through me. And this is what makes me happy. Life is never a routine for me. Everyday is a new day and every morning I tell Jesus, today help me to love you more than yesterday.

#### What would you say to those that believe you live a primitive life?

This is what the Church wants. What did the Patriarchs and Desert Fathers do? Did they change according to the world? Jesus told Mother Teresa to be Martha and Mary in the world. He said do my work and be at my feet. We are united with Christ. We have time to sit at his feet. Jesus wanted us to live the poverty of the cross, the obedience of the cross, the charity of the cross. She has lived this life and handed it over to us. We are not conforming to the world and we are here to bear witness. And none of us sisters are ashamed or want to change this.

# Do you think the Church is discriminating against women by not ordaining women priests?

I don't agree. If Jesus wanted to ordain women, he would've ordained Our Lady. He also had a lot of women followers but he didn't make them apostles. In that way I'm glad the church has stayed true to the teaching and tradition of Christ.

#### What message would you like to give your readers?

I want to say to the religious: give less importance to the phone, take back the rosary and start praying. What is impossible for us is possible for god. I feel like the religious have lost prayer. I also want to tell people to sacrifice. Do small things with great love. Accepting your painful situation and the people around you makes you a saint. All little sacrifices will lead you to Jesus and make you saints. There is no God without suffering. If there is no suffering there is no Christ. Christ saved us through his sacrifice. We unite our sufferings and save souls for Christ. Choose to make sacrifices. Give up what you like best.



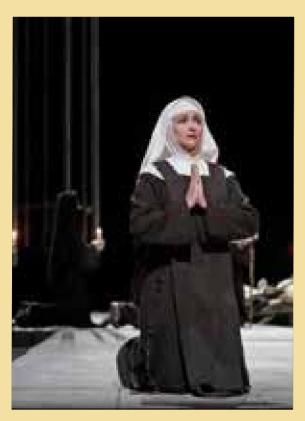


KALYAN LANTERN | SEPTEMBER 2019

# The Qualities of Religious Life according to Pope Francis!

#### Joy

The most important is to be happy, fulfilled and joyful people, because "where there are consecrated people there is joy". "Wherever there are consecrated people, seminarians, men and women religious, young people, there is joy, there is always joy! It is the joy of



freshness, the joy of following Jesus; the joy that the Holy Spirit gives us, not the joy of the world."[1]

#### The wish to awake the world

The second indication relates to prophecy: "I expect you to "awake the world", because the note that characterizes consecrated life is prophecy."[2]

#### Consistency

To be joyful witnesses of the Gospel it is necessary to be authentic and consistent. And this is another word that I want to say to you: "authenticity". Jesus severely reprimanded the hypocrites: hypocrites, those who think within themselves something other than what they say: those who — to say it clearly — are two-faced. To speak of authenticity to young people

costs nothing because the young — all of them — have this wish to be authentic, to be consistent. And you are all disgusted when you find among us priests who we are not authentic, or sisters who are not authentic! [3]

#### The desire to change the world!

An authentic faith always involves a profound desire to change the world. Do we also have great vision and impetus? Or are we mediocre and satisfied with our "made in the lab" apostolic programs? ... Pray to desire and aspire to expand the heart.[4]

#### The courage to put charity into practice

The pope expects consecrated women and men « to work concretely in welcoming refugees, drawing near to the poor, and finding creative ways to catechize, to proclaim the Gospel and to teach others how to pray. Consequently, I would hope that structures can be streamlined, large religious houses repurposed for works which better respond to the present demands of evangelization and charity, and apostolates adjusted to new needs. » [5]

#### Fraternity: Men and women of dialogue and communion

However, in this aspect of friendship and brotherhood there are two extremes: isolation as much as dissipation. Friendship is fraternity that helps me not to fall into either isolation or dissipation. Cultivate friendships, they are a precious good; however they must not teach you to close yourselves in but to go out of yourselves. A priest or a man or woman religious can never be an island, but must be a person who is always ready to meet others. Friendships moreover are enriched by the different charisms of your religious families. This is a great wealth. Let us think of the beautiful friendships of many of the saints. »[6]

<sup>[1]</sup> Meeting with Seminarians and Novices, Rome, 6th July 2013. [2] To the General Superiors, 29th November 2013. [3] Meeting with Seminarians and Novices, Rome, 6th July 2013. [4] HOMILY, Rome, 3rd January 2014. [5] Apostolic Letter To All Consecrated People On The Occasion Of The Year Of Consecrated Life, 2014. [6] Meeting with Seminarians and Novices, Rome, 6th July 2013

# A Loving Tribute

I can say that I am blessed indeed that I can talk to Iesus face-to-face, listen to Him and even touch Him every moment. You may be surprised but Jesus said it very clearly "Just as you did it to one of the least of these who are members of my family, you did it to me". As a Sister of the Destitute, I live this life that I dreamt long ago during a seminar conducted in my parish when I was in class 5. Rev. Fr. George Kavukatt MST from the Sangli mission of the diocese shared how he had been instrumental in alleviating the sufferings of the poor people of his village. I imagined that I too would do the same someday. The pamphlet I received that day is still my prized possession just as Icarried this dream for many years.

I also can say that I practically drew nourishment from my mother church - The Eparchy of Kalyan for my holistic growth. I participated in each and every program in the church. The reason behind the same is my mother's attitude evident in her 'No' to my appeal to be excused of the Catechism scholarship exam the Sunday before the six consecutive papers of my 12th board exam. She told me "Palli kazhinjattu mathi baaki ellam". Though I made a forced surrender at such times, Jesus rewarded me with all that made me - a good board score, an aided engineering seat, placement in software and onsite opportunity at Florida. Whatever confidence and self-esteem I had gained from my mother church had helped me to be successful in my 7 years of work -experience.

It would be absolutely fitting here to mention the first vocation from my parish - Late Bro. Jerin. I

felt like a strong push when I came to know that he joined the seminary. Though he was so young, he was sure and I was struggling to take a decision. I thank God for him as he pushed me to discern my vocation and I believe that he is praying for me as he rests in the Lord.

Weak as I am I gave up and Jesus reached out powerfully to me in a youth seminar where Fr. Jacob Porathur could read my confusion and asked me if I wish to join religious life. As soon as I said yes, I was taken to His Excellency Mar Thomas Elavanal who gave the final steering to my life by leading me to SD congregation and who also consecrated me to the Lord.

A year before my Vestition, Jesus brought Fr. George for a class in my novitiate to confirm that He Himself had called me long ago and then waited patiently for me to answer. As He is love, He placed Himself in my heart. So I sought Him alone in all that I did no matter where I was. As I seek Him in my destitute brethren- the abandoned, the differently-abled, the imprisoned and the suffering, I receive little love-notes from Jesus to confirm the reality of this life. I did not leave behind anything for Jesus as He was the one who gave me all. But I have to sell what I have and give all that I am to hold Jesus as my own. I will forever be indebted to my mother church for having sustained me to this day and forward.

#### Sr. Elizabeth SD

is a parishioner of Sakinaka Parish. She accomplishes her religious call by being a teacher among the destitute children in the state of Uttar Pradesh.

#### **TESTIMONIAL**

# My sister's divine calling and how I dealt with it

Recollecting my sister's vocation fills me with great inspiration and wonder. A drastic change that took place in her life was during her 12th std when she started bunking her tuitions. Finally one day, she confessed to me that she had been bunking tuitions to spend time with her Eucharistic Lord in the church. Conversing with Deena made me realize that Divine love stories do take place. Even before she received her Divine calling, she started to renounce materialistic things. She would keep herself away from movies or frequent parties, and this would irritate me a lot. It was on St. Joseph's feast day when she understood her call, gave her consent to the Lord and only then told me that she wants to be a nun. I never took it seriously and I said I'm not going to agree, and even commented, "If you really want to be a nun, tell your God to convince me". In a minute the Holy Spirit touched me and with tears rolling down my face, I told her "Go... Jesus is with you". It was a miracle I can definitely say.

After receiving her Divine Calling, we informed our parish priest who gave us his full support and prayers. Then we both prayed for one week for our parents to accept God's plan. On her birthday, dad asked her what she wanted as her gift. Immediately, her reply was his consent to her entering religious life. It was not easy for them to accept but God gave our family the grace and courage to surrender to His will.

Seriously speaking, Deena had to face a lot of challenges, she never wore a salwar kameez, she was always comfortable in jeans and T-shirt. She decided to join the adoration congregation and so she had to go for her training to Kerala. She didn't know how to read and write in Malayalam and learning that was also a big challenge. She was used to living in luxury which she had to quit. She was very talkative, and cheerful otherwise, but she had to be silent during her training. She didn't know how to take care of plants or farming or all those things that people do in Kerala. Those 10 days of vacation that she would get to spend with

family was really great but as those days got over, she would feel a little sad to go back to her place. She has to keep distance with friends and family, and not even make phone calls. These are few things, there were so many more that I can actually write a book.

For some time initially, the world was upside down, because of the separation I experienced from her. Later I accepted her decision, but it was like I was carrying a big hollow in my heart for a few months, tears rolled down my cheeks during mass and during her farewell, and the day she left me for ever, I was in emotional pain. As days passed by, I knew that I had to live without her and I had no option but to accept and be happy. But for almost 5 YEARS I never went to the railway station to drop her and say bye to her after her vacations, when it was time for her to leave and go back. Whenever she came for vacations she would spend maximum time with me. She used to tell me whatever she learnt during her theological studies and give me simple tips to lead a life pleasing to God. It is from her that I learnt to have a personal attachment with Jesus. They were the most cherishing moments of my life and I started loving Jesus the way she loved.

Today I feel proud of her and I thank God Almighty for her calling. This has brought tremendous changes in my family, from day 1 till today. Today, we are an extremely happy family and all of us have a common goal of being a witness to Jesus and salvation. At times when she feels weak, I motivate her and when I'm weak she motivates me. Today we are closer to each other than we were before, even if we do not see each other or talk often. Our talks are more about what Jesus has done in our lives and we go on and on and on, its never ending, and so exciting that you would experience the same if you be a part of our conversations.

#### Dinny & Sr. Deena

belong to St. Thomas Forane parish, Kalina. Dinny is the General Manager at RSV Healthcare and Sr. Deena is a member of the Sisters of Adoration congregation.





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### റൂഹാക്ഷണപ്രാർത്ഥന

മാർ തോമസ് ഇലവനാൽ കല്വാൺ രൂപതയുടെ മെത്രാൻ

"മിശിഹാ വന്ന് വിശുദ്ധിയുടെ മാർഗ്ഗം പഠിപ്പിച്ചു" എന്നാണല്ലൊ നാലാം പ്രണാമജപത്തിൽ നമ്മൾ ചൊല്ലിയത്, പ. ആത്മാവിന്റെ പ്രവർത്തനത്തിലൂടെയാണ് ഈ വിശുദ്ധീകരണം ഇന്ന് സഭയിൽ നടക്കുന്നത്. അതുകൊണ്ട് നാലാം പ്രണാമജപം റൂഹാക്ഷണപ്രാർത്ഥനയിലേക്കു നയിക്കുന്ന പ്രാർത്ഥനയാണ് എന്നു കാണാം. പ. ആത്മാവിന്റെ വരവിനായി പ്രാർത്ഥിക്കുന്ന റൂഹാക്ഷണപ്രാർത്ഥനയ്ക്ക് 'എപ്പിക്ലേസിസ്' എന്ന

ഗ്രീക്കുപദമാണ് സാധാരണ ഉപയോഗിക്കുന്നത്. 'എപ്പി' എന്നാൽ 'മേൽ' എന്നും 'ക്ലേസിസ്' എന്നാൽ 'വിളി' എന്നുമാണർത്ഥം. എന്തെങ്കിലും വിശുദ്ധീകരിക്കുന്നതിനായി അതിന്മേൽ 'പ. ആത്മാവേ എഴുന്നളളി വരണമേ' എന്ന് വിളിച്ച പേക്ഷിക്കുന്ന പ്രാർത്ഥനയാണിതെന്നു പറയാം.

#### പെസഹ ആചരണത്തിൽ

പഴയനിയമത്തിൽ യഹൂദരുടെ പെസഹാ ആചര ണത്തിൽ, മിശിഹായുടെ ആഗമനത്തിനുവേണ്ടി യുളള പ്രാർത്ഥനയുണ്ടായിരുന്നു. പെസഹാ രാത്രിയിൽ മിശിഹാവരുമെന്ന് യഹൂദർ വിശ്വസി ച്ചിരുന്നു. അതുകൊണ്ട്, അവരുടെ ആശീർവ്വാദ പ്രാർത്ഥനയുടെ അവസാനത്തിൽ മിശിഹായുടെ ആഗമനത്തിനും രക്ഷാകർമ്മത്തിന്റെ പൂർത്തീകരണത്തിനുമായി പ്രാർത്ഥിച്ചിരുന്നു. അനാഫറാപ്രാർത്ഥനയുടെ അവസാനഭാഗത്തായി ഇവിടെ റൂഹാക്ഷണപ്രാർത്ഥന വരുന്നതും പെസഹായിലെ പ്രാർത്ഥനാരൂപത്തോടു ബന്ധപ്പെടുത്തി മനസ്സിലാക്കാം.

കർത്താവിന്റെ രക്ഷാകരകർമ്മം ഓരോന്നായി വി. കുർബ്ബാനയിൽ അനുസ്മരിക്കുമ്പോൾ പീഡാനു ഭവ, മരണ, ഉത്ഥാനത്തെ അനുസ്മരിച്ചശേഷമാണ് പ. ആത്മാവിന്റെ ആഗമനത്തെ അനുസ്മരിക്കു കയും പ. ആത്മാവിന്റെ വരവിനായി പ്രാർത്ഥി ക്കുകയും ചെയ്യുന്നത്.

#### പെന്നക്കുസ്താനുഭവം

അന്ത്യത്താഴത്തിൽ വി. കുർബ്ബാന സ്ഥാപന വേളയിൽ ഈശോ പ. ആത്മാവിനെ വാഗ്ദാനം ചെയ്യുന്നുണ്ടല്ലൊ (യോഹ. 14:16). പെന്തക്കുസ്താ ദിനത്തിൽ കർത്താവിന്റെ വാഗ്ദാനം പൂർത്തീ കരിക്കപ്പെട്ടു. ഈ പെന്തക്കുസ്ത സഭയിൽ കൂദാശകളിലൂടെ എന്നും നവീകരിക്കപ്പെടുന്ന യാഥാർത്ഥ്യമാണെന്ന് വി. എഫ്രേം പഠിപ്പിക്കു ന്നുണ്ട്. പ. കന്യകാമാതാവും അപ്പസ്തോലന്മാരും പ. ആത്മാവിന്റെ വരവിനായി പ്രാർത്ഥിച്ചിരുന്ന തുപോലെ സഭാമാതാവും വി. കുർബ്ബാനയിൽ പ. ആത്മാവിന്റെ വരവിനായി പ്രാർത്ഥിക്കുന്നു. സഭയിലും കൂദാശകളിലും പ്രത്യേകിച്ച് വി. കുർബ്ബാനയിലും ആത്മാവ് സന്നിഹിതമാവുകയും പ്രവർത്തിക്കുകയും ചെയ്യുന്നു എന്ന വിശ്വാസ മാണ് റൂഹാക്ഷണപ്രാർത്ഥനയിലൂടെ സഭ ഏറ്റു പറയുന്നത്. അതുകൊണ്ട് വി. കുർബ്ബാനയിൽ റൂഹാക്ഷണപ്രാർത്ഥനയ്ക്ക് ഏറെ പ്രാധാന്യമുണ്ട്.

#### വി. കുർബ്ബാനയും പ. ആത്മാവും

സഭയിലുളള പ. ആത്മാവിന്റെ സാന്നിദ്ധ്യത്തിൽ നിന്നും പ്രവർത്തനങ്ങളിൽ നിന്നും വേർപെടുത്തി വി. കുർബ്ബാനയെ മനസ്സിലാക്കുവാൻ സാദ്ധ്യമല്ല. വി. കുർബ്ബാനയാകുന്ന പുതിയ ഉടമ്പടി പൂർത്തീ കരിക്കപ്പെട്ടത് അരൂപിയുടെ ദാനത്തോടു കൂടെ യാണ്. വി. കുർബ്ബാനയിലൂടെ ഈ ഉടമ്പടി നവീകരിക്കപ്പെടുമ്പോഴെല്ലാം സഭ അരൂപിയുടെ ദാനത്തിനായി പ്രാർത്ഥിക്കുന്നു. പുതിയനിയമവും ആദിമക്രൈസ്തവസഭയുടെ ആരാധനക്രമപാരമ്പ ര്യവും അരൂപിയുടെ പ്രവർത്തനങ്ങളെക്കുറിച്ച് പ്രതിപാദിക്കുന്നുണ്ട്. പ. ആത്മാവിന്റെ സഹായ ത്താൽ മാത്രമേ സഭയ്ക്ക് മിശിഹാരഹസ്വം ആചരിക്കുവാൻ സാധിക്കയുളളൂ. അതിനാൽ ബലിവസ്തുക്കളുടെമേലും സമൂഹത്തിന്റെമേലും പ. ആത്മാവിനെ വിളിച്ചപേക്ഷിക്കുന്ന റൂഹാക്ഷണ പ്രാർത്ഥന വി. കുർബ്ബാനയിൽ ഏറെ പ്രാധാന്യ മർഹിക്കുന്ന പ്രാർത്ഥനയാണ് (ccc. 1353).

#### ആത്മാവിന്റെ നിറവിനായി

കർത്താവിന്റെ സാന്നിദ്ധ്യവും അരൂപിയുടെ പ്രവർത്തനവും അഭേദ്യമായി ബന്ധപ്പെട്ടിരി ക്കുന്നു. ആദിമസഭയിൽത്തന്നെ അരൂപിയുടെ പ്രവർത്തനത്തെ കർത്താവിന്റെ സാന്നിദ്ധ്യത്തോടു ബന്ധപ്പെടുത്തി മനസ്സിലാക്കിയിരുന്നു. ഈ ദൈവശാസ്ത്രവീക്ഷണത്തിൽ വേണം ഈ റൂഹാക്ഷണപ്രാർത്ഥനയെ മനസ്സിലാക്കുവാൻ.

മിശിഹായുടെ വാഗ്ദാനങ്ങളുടെ പൂർത്തീകരണ മായിട്ടും അവിടുത്തെ സാന്നിദ്ധ്യത്തിന്റേയും രണ്ടാമത്തെ വരവിന്റേയും അച്ചാരമായിട്ടുമാണ് അവിടുന്ന് പ. ആത്മാവിനെ അയച്ചത്. അരൂപിയുടെ ദാനത്തിലൂടെ ഇന്നും ദൈവം സഭാമക്കളെ പെന്തക്കുസ്താനുഭവത്തിലേക്ക്

കൊണ്ടു വരുന്നു. ഈ ആത്മാവിനെ സഭാമക്കൾ ക്ക് എന്നും സ്വീകരിക്കുവാനുള്ള മാർഗ്ഗമായിട്ടു മാണ് വി. കൂർബ്ബാനയെ സഭ നമുക്കു നല്കുന്നത്.

#### **Epiclesis**

In the fourth Gehantha there is the prayer "Christ our Lord and God came and taught us the way of purity and sanctity". It is through the working of the Holy Spirit that today this sanctification takes place in the church. So the fourth Gehantha gradually leads to the prayer to the Holy Spirit. This prayer for the coming of the Holy Spirit is called 'Epiclesis' which is a Greek word. 'epi' means 'on' and 'clesis' means 'call'. Generally it is a prayer to God for sending the Holy Spirit in order to sanctify anything.

#### In the Passover Celebration

In the O.T. passover celebration there was a prayer for the coming fo Missiah. Jewish people believed that the Messiah would come during the passover celebration. So, towards the end of the celebration there was the prayer for the coming of Messiah and the fulfilment of the promise of salvation. The prayer for the coming of the Holy Spirit in the Qurbana can be understood in relation to the prayer for the coming of Christ in Passover.

#### Pentacostal Experience

In the Eucharistic celebration after commemorating the passion, death, burial and resurrection of Christ we remember the event of Pentecost and pray for the coming of the Holy Spirit. During the Last Supper in the context of the institution of the Eucharist Jesus promised the Holy Spirit (Jn. 14:16). This promise was fulfilled on the day of Pentecost. St. Ephrem teaches us that this Pentecost is a renewed reality in the Church especially through the sacraments. Just as the Bl. Virgin Mary and the apostles waited in prayer for the coming of the Holy Spirit, the Church too prays for the coming of the Holy Spirit in the Holy Qurbana. This prayer invoking the presence of the Holy Spirit is the expression of our faith that today Holy Spirit is present and operative in the Church and Sacraments especially in the Holy Qurbana. So

ഇങ്ങനെ ആത്മാവിനാൽ നിറയുന്ന അനുഭവം ലഭിക്കുവാനുള്ള ആഗ്രഹത്തോടെ വേണം ആരാധനാസമൂഹം റൂഹാക്ഷണപ്രാർത്ഥനയിൽ പങ്കുചേരുവാൻ.

we consider Epiclesis as an important prayer in the Holy Qurbana.

#### **Eucharist and Holy Spirit**

Apart from the presence and working of the Holy Spirit in the Church and Sacraments we cannot understand the Holy Qurbana. The New Covenant ratified through the blood of Christ has its completion in the gift of the Holy Spirit. Every time this New Covenant in renewed in the Eucharist the Church prays for the gift of the Holy Spirit. Both the New Testament writings and the early Christian liturgical tradition make reference to working of the Holy Spirit. Hence only through the help of the Holy Spirit, the Church can celebrate the mystery of Christ. So this prayer invoking the presence of the Holy Spirit on the community and on the oblation is always considered as essential and important in the celebration of Holy Qurbana (ccc.1353).

#### For the fullness of the Holy Spirit

The presence of Christ and the presence of the Holy Spirit is essentially related. Right from the early Church the presence of Christ was understood in relation to the working of the Holy Spirit. It is in this theological perspective that we try to understand the prayer to the Holy Spirit.

The Holy Spirit was given to the Church as the fulfilment of the promise of Christ and as the pledge of the second coming and the continue presence of Christ. Just as the apostles prayed for the gift of the Holy Spirit the Church in the Holy Qurbana prays for the coming of the Holy Spirit. So Holy Qurbana is an occasion to receive also the gift of the Holy Spirit. Through the gift of the Holy Spirit even today the church gives her children the experience of Pentecost. So it should be with an earnest desire to be filled with the Holy Spirit that the worshiping community participates in the prayer invoking the Holy Spirit in the Qurbana

# The Story of Esther

In the Persian city of Shushan lived a Jewish girl, Esther. After her parents died, she was raised by her cousin Mordecai, a servant of King Ahasuerus of Persia. The king called for his servants and sent out word in the kingdom, that he wished to have a new queen. Beautiful women flocked the king's palace. Inspite of being Jewish, Mordecai gathered courage and took Esther to the palace. He only wished that she should live a happy life. Out of all the women, the king chose Esther to be his queen. But, if the King ever came to know that Esther was Jewish, she would be in trouble. So, Mordecai told Esther not to reveal that she was Jewish. Esther obeyed him.

One day, with the consent of the king, the head of all princes, Haman declared to the people on the Land that the people should kill all the Jews on the 13th day of Adar. Mordecai sought Esther's help and asked her to speak to the king about the law. The king was still unaware that Esther was Jewish. What was Esther to do? She did not want her people to be destroyed.

She was afraid if she asked the king to halt Haman's plan, she would die and if she did not ask the king, her people would be destroyed including her cousin Mordecai. Esther told Mordecai: 'I will go. If he holds out his scepter, I will live. If he doesn't, I will die.'

Esther prayed. Her servants prayed. Mordecai prayed. The Jewish people prayed. Then Esther decided to go before the king. Esther walked into the king's courtyard. When the king saw her, he held out his scepter. She went to him, and he asked: 'What can I do for you, Esther?' She said: 'I came to invite you and Haman to a feast.' At the feast, Esther invited them to a second feast. During the second feast, the king again asked: 'What can I do for you?' She said: 'Someone is going to kill me and my people. Please save us.' The king asked: 'Who wants to kill you?' She said: 'This bad man Haman.' She was very brave and loved her people and God very much. Queen Esther saved her people from Haman's evil plan and from being destroyed.



#### Trivia on Esther

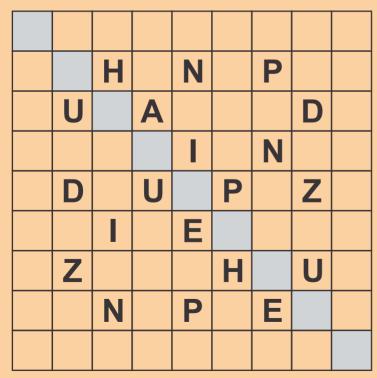
Read the book of Esther and answer the following questions. Send in your answers to lanternkidsroom@gmail.com by 15th September. The names of lucky selected winners would be published in the next issue of Kalyan Latern

- 1. Who was Esther's father?
- 2. What was Esther's Hebrew name?
- 3. Who was Ahasuerus' Queen at the beginning of the book of Esther?
- 4. The king was angry at the Queen during a party because:
- 5. How long did Esther spend preparing herself to meet the king?

- 6. Who tried to have King Ahasuerus kill all the Jews?
- 7. How much was offered to the king to be allowed to exterminate the Jews?
- 8. Esther invites the king to a banquet, and also invites who?
- 9. Who discovered the guard's plot to kill the king?
- 10. Who was hanged on the gallows he had built for Mordecai?
- 11. What gift did the king give Mordecai?
- 12. Which feast do Jews celebrate because of their delivery at Esther's time?

Kids' corner, compiled by **Elizabeth Dimal** 

## Bible Sudoku



This minor prophet predicted the destruction of Nineveh ten years before it happened.

Use logic to fill in the puzzle so that each of the 9 letter 'UNZIPHEAD' appears exactly once in each row, column and 3x3 block. There is only one solution. Fill the Bible answer - hidden along a shaded row, column or diagonal.

**UNZIPHEAD** 

### **Question:**

Why can't we have women priests?

#### Answer:

#### It's a man thing:

The teaching of the Church on ordinationis that only a male validly receives ordination and that the Church has no authority what so ever to confer priestly ordination on women and that this judgment is to be definitively held by all the Church's faithful (i.e. it requires the full assent of faith by obedience).

#### So isn't this discrimination?

The Church considers that thenon-admission of women to priestly ordination does not imply that women are of lesser dignity, nor can it be construed as discrimination against them. She points to the Blessed Virgin Mary, who despite being exalted as 'Mother of God', received neither the apostolic mission proper nor the ministerial priesthood.

St. Pope John Paul II, in *Ordinatiosacerdotalis*, noted that Jesus, after a night in prayer, chose twelve men out of his group of male and female followers. The Church has therefore closely and consistently imitated Christ in choosing only men. The verse "Male and female he created them" (Gen 1:27) suggests that the act ofcreating opposite sexeswas the result of a conscious and deliberate thought in the mind of God.In the "fullness of time", when He incarnated the Eternal Word as a man, Hewas making a statement that he wanted Christ to act in and through the masculine personality. Nowin exercising his ministry, the priest is supposed to stand in persona Christi, i.e. 'AS CHRIST'. That would be a tall order for a woman since she cannot meaningfully convey the masculinity of Christ!



#### Marian dimension:

Pope Francis says that women are very important to the Church, specifically from a "Marian dimension", which is the feminine dimension of the Church. Women can lead prayers (outside the context of the mass). preach the word of God, distributeholy communion, do spiritual direction, conduct catechetical courses in parishes, serve as lectors and altar servers and also teach theology. While religious life is distinct from ordination, women are also able to live the consecrated life as a nun.

#### In conclusion:

If one does justice to these reflections, one will better understand how well-founded is the basis of the Church's practice; and will conclude that the controversy over the ordination of women is for all Christians a pressing invitation to meditate on the mystery of the Church in general and the priesthood in particular.

Further reading: Inter Insigniores – Declaration on the Question of Admission of Women to the Ministerial Priesthood, 15th October, 1976

For Team Lantern, Mr. A.F. Thomas. Borivli Parish

#### Indian priest appointed observer for Catholic-Orthodox meet



Fr JijiPuthuveetilkalam, a Jesuit priest hailing from Alappuzha, Kerala and a research scholar with the Oxford University, has been appointed by the Pontifical Council for Promoting Christian Unity as the Vatican observer for an international Church unity theology discussion between the Catholic Church and the Oriental Orthodox Churches set to be held in Lebanon in January, 2020.

The conference would include nearly 30 persons. including eminent theologians, church heads and observers from both sides. Fr Jiji would be responsible for identifying the theological doctrines and stands common to the Oriental Orthodox churches and the Catholic Church. He would also analyze the guidelines that gets agreed upon by both sides as well.

He has a bachelor's degree in English literature and post-graduation in philosophy and Syrian Literature. He also has a bachelor's degree in theology from the Gregorian University, Rome.

#### France re-consecrated to Our Lady on Feast of Assumption

Exactly four months after the fire that devastated Notre-Dame Cathedral in Paris - the Archdiocese of the French capital held the traditional procession of the Blessed Virgin Mary for the Feast of the Assumption. Beginning at the Pont Saint Louis, several hundred faithful, holding rosaries and singing the Ave Maria, processed to the Church of Saint-Sulpice, where Archbishop Michel Aupetit celebrated solemn Mass. During the celebration of the Liturgy. Archbishop Aupetit, in keeping with tradition, renewed the vow of King Louis XIII. consecrating France to the Blessed Virgin Mary.

On the 10th February 1638, King Louis XIII made a vow of consecration of himself, the royal family and France to Mary and chose Our Lady of the Assumption as their patroness. He instituted the date of the 15th August as a national day of processions in honour of Mary throughout the kingdom. The first procession was held at Notre-Dame de Paris on the 15th August 1638.



#### Iraq: Final statement of Chaldean Synod



At the invitation of His Beatitude Patriarch Cardinal Mar Louis Raphael Sako, the annual Chaldean Synod was held at the Patriarchal summer headquarters, Ankawa, Erbil, Iraq, from 3 to 10 August 2019, attended by Bishops from the dioceses of Irag, Iran, Syria, Lebanon, America, Canada and Australia. After the opening ceremony, the assembled Bishops sent a letter to His Holiness Pope Francis, affirming their love, appreciation and gratitude for supporting the Chaldean Church and Iraqi people. They closed by hoping that the visit of Pope Francis to Iraq will take place in 2020.

#### KARUNYA TRUST RURAL OFFICE

#### CENTER FOR TRAINING & RURAL DEVELOPMENT

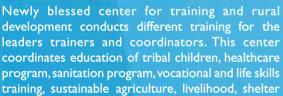
Office Blessing & Inauguration At Badlapur, Ambernath Taluka, Thane Dist.





Bishop MarThomas Elavanal blessed and inaugurated the new Karunya Trust office at Badlapur Marian Enclave, a center for training and rural development.







program, safe drinking water program, environment protection, forest conservation and it also provides opportunities for volunteers in house construction, tree plantation, awareness programs, art and craft sessions.etc.



#### **KARUNYA PRESENCE 2018-19**



**VILLAGES** : 46



**POPULATION: | 1773** 



**FAMILIES** : 2476

#### Interventions



**Education of Tribal** Children



Health care programs



Sanitation Programs



Vocational and life skill training



Sustainable agriculture



Women empowerment



Tribal rights



Good governance



Promotion of livelihood



Shelter programs

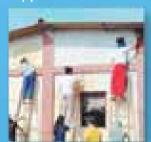


Safe drinking water program



Sanitation Awareness Programs in Rural School

#### Opportunities for volunteerism:



House Painting



Tree plantation



Awareness programs for children



Art and craft training



Karunya Trust Rural Office, Marian Enclave, 1st Floor, Plot No.: 4, Opp. Vedangee Building Katrap Village, Badlapur East, Dist. Thane. 421503 Ph.: 022 25798625 I web.: karunyatrustonline.org







# Congra tula tions

Adv. Fr. Biju Chittilappilly

#### PITHRUVEDI KAIROS - 2019

Pithruvedi had organised Kairos-2019 at ARC Panvel on 11th August 2019. In addition to Bible Quiz, cultural programmes included Extempore Speech (English and Malayalam), Solo Singing and Nadanpattu. Rev. Fr. Shaibu Malethadathil, Director, ARC, inaugurated Kairos-2019. Rev.Fr.Shibu Pulickal, Director, Pithruvedi, presided over the meeting. H.E. Mar Thomas Elavanal graced the occasion and was the main celebrant of Holy Qurbana at ARC. In the concluding meeting, Rev. Fr. Jacob Porathur, Rector, Minor Seminary, distributed the prizes to the winning teams.

#### List of Winners is given below:

Extempore Speech (Malayalam)			Extempore Speech (English)			
	1st Prize	Biju. K. John	St. Mary's Forane Church, Nasik	1st Prize	Justin Thomas	Mary Matha Church, Kamothe
	2nd Prize	Vincy Kurien	Holy Trinity Church, Thane	2nd Prize	Geejo Davis	St. Alphonsa Forane Church, Vasai (W)
	3rd Prize	V. A. Mathew	Little Flower Forane Church, Nerul	3rd Prize	Sujith Pappachan	St. Alphonsa Forane Church, Kalewadi

Solo Singing (Devotional)

1st Prize Wilson K. O. St. George Catholic Forane Church, Panvel
2nd Prize K.V. Johnson Little Flower Forane Church, Nerul
3rd Prize Sunil John St. Alphonsa Forane Church, Vasai (W)

Naadanpattu
1st Prize St. Thomas Catholic Church, Vasai (East)
2nd Prize St. George Catholic Forane Church, Panvel
3rd Prize Little Flower Forane Church, Nerul

Bible Quiz

1st PrizeJose M. A. Sunny Mathew & Varghese KuttikatS.H. Catholic Church, Bhayandar2nd PrizeBabu Pullan, Prof. Babichen, Dr. Ancil PappachanLittle Flower Forane Church, Nerul3rd PrizeAnil Pathrose, Ignatius Jackson, Jijo ThomasSt. Alphonsa Church, Mankhurd

#### Kalyan Kudumba Koottayma and Family Apostolate — Upcoming Events:

#### Bachelors' & Bachelorettes' Meet:

Date: 6th October, 2019 (SUNDAY)

Venue: ARC, Panvel.

To create opportunity for boys and girls getting ready to marry to meet at a common stage.

#### Marriage Preparation Course Resource Person Meet

Annual get together and review meeting of Marriage preparation course resource persons were held on 15August 2019 at ARC Panvel in the presence of His Excellency Mar Thomas Elevanal, Mr. Babu John from Chicago diocese lead the discussion about the relevance and the need of Marriage Preparation Course.

Rev. Fr. Shaibu Paul Malethadathil (Director)

#### Family Day:

Date: 3rd November, 2019. (SUNDAY)

Venue: ARC, Panvel

President, Secretary and Treasurer of the Family Units of each parish of the diocese assemble together to exchange their views and ideas and participate in Agape.

A Family Quiz comprising of a Father, a Mother and a child from each parish will be held.

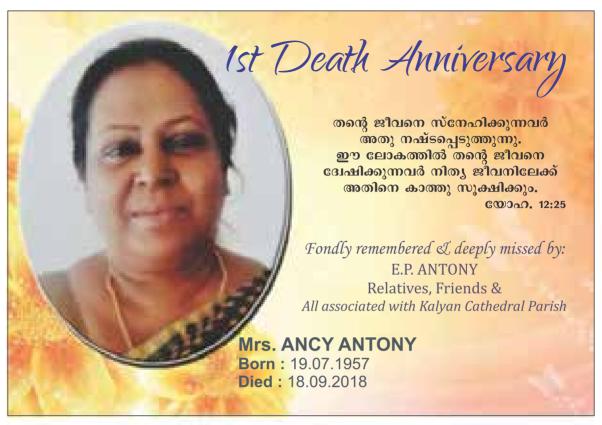
#### Details of Family Quiz:

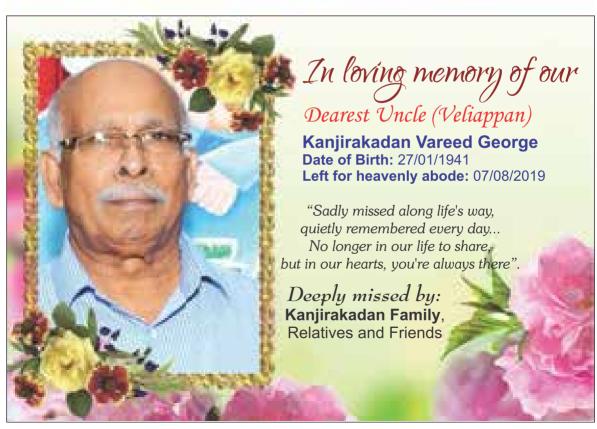
- 50%: Gospel according to St. Mark
- 30%: Syro malabar church
- 20%: Holy Qurbana.

50 teams registered first will be considered. Maximum 2 teams from each parish.

Registration fees: Rs. 500/- per team.

First round: Written | Final: Oral (on the stage)







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#### Contact:

C. L. DAVID VALAPPILA 9323196882 / 9821222065 Dombivali 8879229738

Thane 9167534571 Shop No. 1, Trishul Terraces, Plot No. 36, 37,

Sector 20, Koparkhairane, Navi Mumbai - 400 709 Tel.: 022 - 2754 6884

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GOC201956173

Fair / 25 / 161 / 60 / B.Sc. Computer Science + MBA / Working as a System Engineer in Informs, Pune / Settled in Mumbal Parents from TCR 9615179591/ 981**5058173** Funeyayary **@gmail.**com GOC201955767

Fair 24 / 160 / 50 / Computer Science / Working as SAP Advance Business application Programming / Parents from Through J 3820464911 / 9167476988 / novairaiงงงเผงmail.com



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GOC201956316

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THANKSGIVING TO ST. JUDE Paul Antony — Canada Steffy Sinto Pulickan — Dubai Alphonsa Sunny — Kalyan (W)

THANKSGIVING TO ST. JUDE Lucy Mathew — Kalamboli THANKSGIVING TO ST. FAUSTHINA Lucy Mathew — Kalamboli

13th

BISHOP'S

SEPTEMBER - 2019

Holy Comm. & Conf. - Kamote 1st 2nd Minor Seminary Class - Panyel Fr. Sunny Memorial Choir Competition 4th Curia Meeting 5th Karunya Day 6th Qurbana - Kalamboli 8th Qurbana - Wanowari 9th Minor Seminary Class - Panvel 10th Monthly Recollection & Presbyterium - ARC 11th Financial Council - Bishop's House SSS Annual Meeting - Bishop's House

12th Consultors Meeting - Bishop's House

CHAW AGBM - Andheri MPC Class - Panyel 14th Presbyteral Council Pastoral Council 15th Holy Comm. & Conf. - Kalyan (W) Minor Seminary Class - Panvel 16th 16th-18th Junior Priests Meeting - Panvel Curia Meeting - Bishop's House 18th 21st Holy Comm. & Conf. - Nashik 22nd Holy Comm. & Conf. - Bhandup 23rd Minor Seminary Class - Panvel 24th **Curia Meeting** 

25th-27th CLC Meeting - Kakkanad

# KERYGMA BIBLE QUIZ COMPETITION 2019 (Eparchy of Kalyan)

## KERYGMA 2019 - A Diocesan Level Bible Quiz Competition. Rules & regulations

1. Portions for study : Gospel of St. Mark & 1 Samuel

2. Date : 20th October 2019 (2.00 pm - 4.00 pm)

3. Registration Fee : 50/-

4. Registration closes on : 15th September 2019

5. Participants are categorized into **5 groups** - A, B, C, D, E according to age and in two mediums - **English and Malayalam.** 

Group A: Those born after 1-1-2003 (up to 16 yrs.)

**Group B:** Those born between 1-1-1994 and 31-12-2002 (17 - 25 yrs.) **Group C:** Those born between 1-1-1979 and 31-12-1993 (26 - 40 yrs.)

Group D: Those born between 1-1-1959 and 31-12-1978 (41 - 60 yrs.)

Group E: Those born before 31-12-1958 (above 60 years)

- Kindly use NRSV (English) & the POC (Malayalam) Bible for the competition respectively.
- 7. Study materials will be available at the Bishop's House on Tuesday 17th September 2019.
- 8. The question paper consists of 90 multiple choice questions (1 mark each) and five questions to be answered in two sentences (2 marks each).
- 9. Multiple answers/overwriting will not provide any marks.
- 10. Kindly appoint a contact person for the correspondence as well as to conduct the exam at your centre.
- 11. If any parish is unable to conduct the quiz on the above mentioned time, the contact person of that prish has to give one week prior notice on/before 13th October 2019 to the Director via email on the following Email Address: kerygmabiblequiz@gmail.com
- 12. You may please send your registration form along with the NEFT details between 1st and 15th September 2019 to the email kerygmabiblequiz@gamila.com
- 13. Hard copies of the registration form won't be entertained. registration fee is to be paid by

NEFT in favour of the following bank details:

- Name: Adams Kalyan Foundation
- A/c No.: 0366073000001110
- IFSC Code: SIBL0000366
- Bank: South Indian Bank
- Branch: Powai
- 14. Question paper will be issued to only those participants who have paid the registration fee on or before 15th September 2019.
- 15. Certificates will be distributed to only those participants who secure 60% and above marks.
- 16. Cash Prizes will be awarded to the top three winners of each section and trophies will be awarded to the top five winners of ech section.
- 17. For any clarification, kindly send an email to: kerygmabiblequiz@gmail.com
- 18. First five candidates of ech group will be considered as the final winners of the competition.
- 19. Registration closes on 15th September 2019. Any entries after 15th September 2019 will not be entertained.
- 20. Incomplete registration form will not be accepted.

Yours in Christ Fr. Jomon Thekkumthala Director - Bible Apostolate



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